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| Overview | This unit covers the collection of capillary blood samples, using either manual or automated lancets, testing of the sample where this is required or sending it elsewhere for laboratory testing. Samples may include those for blood sugar determination, haemoglobin levels and Guthrie testing of the new born.  You will need to ensure that practice reflects up to date information and policies  This unit is imported from Health BDS2 and is directly transferable to Health National Occupational Standards. |

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| **Performance criteria**  You must be able to: | 1. apply standard precautions for infection control any other relevant health and safety measures 2. select and prepare the site for obtaining the capillary blood sample immediately before the blood is obtained, in line with organisational procedures 3. obtain the required amount of blood of the required quality, using the selected materials and equipment into the container(s) and/or onto the appropriate strips or slides, in the correct order and in a manner which will cause minimum discomfort to the individual 4. take appropriate action to stimulate the flow of blood if there is a problem obtaining blood from the selected site, or choose an alternative site 5. apply pressure to the puncture site following completion to encourage closure and blood clotting 6. promptly identify any indication that the individual may be suffering any adverse reaction/event to the procedure and act accordingly 7. label the sample, if it is not to be tested immediately clearly, accurately and legibly, using computer prepared labels where appropriate 8. place sample in the appropriate packaging, ensure the correct request forms are attached and put in the appropriate place for transport or storage 9. ensure immediate transport of the sample to the relevant venue when blood sampling and investigations are urgent 10. document all relevant information clearly, accurately and correctly in the appropriate records 11. test the blood sample correctly when appropriate, using the appropriate method, in line with organisational procedures 12. recognise and interpret results accurately or pass them onto an appropriate staff member for interpretation 13. record results fully and accurately in the appropriate manner and place and report to the appropriate staff member 14. give clear and accurate information to the individual about the results of tests, if available and within the limits of your responsibility 15. respond to questions from the individual clearly and accurately in an appropriate manner, level and pace or refer them to an appropriate staff member 16. ensure that the individual is informed if any further action is required/the next stage in the process |

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| Knowledge and understanding  You need to know and understand:  *You need to know and understand:*  *You need to know and understand:*  *You need to know and understand:* | Values   1. a working knowledge of the importance of obtaining positive confirmation of individuals' identity and consent before starting the procedure, and effective ways of getting positive identification 2. a working understanding of confidentiality and the measures taken to ensure it is appropriately maintained   Legislation and organisational policy and procedures   1. a factual awareness of the current European and National legislation, national guidelines and local policies and protocols which affect your work practice in relation to obtaining and testing capillary blood samples 2. a working knowledge of your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols   Theory and practice   1. a factual awareness of the importance of working within your own sphere of competence and seeking advice when faced with situations outside your sphere of competence 2. a working understanding of the importance of applying standard precautions and the potential consequences of poor practice 3. a working understanding of how infection is spread and how its spread may be limited, including how to use or apply the particular infection control measures needed when working with blood   Anatomy and physiology   1. a factual awareness of the structure and purpose of capillary blood vessels 2. a factual awareness of blood clotting processes and factors influencing blood clotting 3. a working understanding of the normal or expected results for particular tests and therefore what constitutes an abnormal result   Care and support of the individual   1. a factual awareness of the different reasons for obtaining capillary blood samples taken 2. a working understanding of the concerns that individuals may have in relation to capillary blood sampling 3. a working understanding of the sites which can be used for capillary sampling and what the factors that need to be considered in selecting the best site to use (including the individual's own preference) 4. a working understanding of why it is important to clean the sites from which you will obtain samples, and the appropriate ways of doing this 5. a working understanding of the limits of your role and the circumstances in which you would need to refer to another person 6. a working understanding of the contra-indications which indicate that capillary sampling should be stopped and advice sought 7. a working understanding of what is likely to cause discomfort to individuals during and after the collection of capillary blood samples, and how such discomfort can be minimised 8. a working understanding of what can cause problems in obtaining capillary blood samples, what can be done to stimulate blood flow and when another site should be used 9. a factual awareness of the common adverse reactions/events which individuals may have to blood sampling, how to recognise them and action(s) to take if they occur   Materials and equipment   1. a working understanding of the equipment and materials are needed for capillary blood sampling and testing 2. a working understanding of the sorts of equipment and materials which are sensitive to environmental changes and how this affects their storage and use 3. a working understanding of which equipment and instruments are re-usable and which must be discarded after one use 4. a factual awareness of the different types of containers/slides which are used for collecting capillary blood samples 5. a factual awareness of the types of samples which have particular packaging, storage and transfer requirements and what these requirements are 6. a working understanding of how and when to label samples   Procedures and techniques   1. a working understanding of the importance of ensuring sites for capillary blood sampling are cleaned effectively, and how and when this should be done 2. a working understanding of the process and procedure for obtaining capillary blood samples, including the correct sequence of actions 3. a working understanding of the factors involved in the procedures which could affect the quality of the blood 4. a working understanding of the importance of collecting capillary blood samples of the right quality, and how to achieve this 5. a working understanding of the complications and problems may occur during the collection of capillary blood samples, how to recognise them and what action(s)to take 6. a working understanding of how to perform relevant tests   Records and documentation   1. a working understanding of how to record test results, and the importance of clear and accurate documentation 2. a working understanding of the information that needs to be recorded on labels and other documentation when sending capillary blood samples to the laboratory 3. a working understanding of the importance of completing labels and documentation clearly, legibly and accurately, and the possible consequences of confusing (muddling) samples or incorrect labelling 4. A working understanding of the importance of immediately reporting any issues which are outside your own sphere of competence without delay to the relevant member of staff |

**Additional Information**

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| Scope/range related to performance criteria | The scope is here to give you guidance on possible areas to be covered in this unit. The terms in this section give you a list of options linked with items in the performance criteria. You need to provide evidence for any option related to your work area.  **Adverse reaction/event** may include: anxiety/fear; pain; re-bleed; haematoma; nerve damage  **Appropriate staff member** may include: registered nurse; midwife; health visitor; doctor; social worker  **Materials and equipment** for: preparing and caring for the sampling site; obtaining the sample; such as manual and automated lancets; capillary devices; blood sugar monitors; slides; testing the sample; recording results; labelling; single use; multiple use  **Packaging** includes: bio- hazard bags; trays; sample racks  **Settings** may include: clinical environments (e.g. wards and clinics); non- clinical environments (e.g. individual's home, blood collection venues)  **Standard precautions and health and safety measures** including: hand washing/cleansing before during and after the activity; the use of **personal** **protective clothing** and **additional protective equipment**; handling **contaminated** items; disposing of waste; safe moving and handling techniques and untoward incident procedures  **Tests** can be carried out: electronically; non-electronically | |
| Scope/range related to knwoledge and understanding | Your knowledge and understanding will be specifically related to legal requirements and codes of practice applicable to your job; your work activities; the job you are doing (e.g. domiciliary, residential care, hospital settings) and the individuals you are working with. | |
| Values | The values underpinning this unit have been derived from the key purpose statement, the statement of expectations from carers and people receiving services, relevant service standards and codes of practice for health and social care in the four UK countries. They can be found in the principles of care unit HSC24. To achieve this unit you must demonstrate that you have applied the principles of care outlined in unit HSC24 in your practice and through your knowledge. |
| Glossary | This section provides explanations and definitions of the key words and concepts used in this unit. In occupational standards it is quite common to find words or phrases used which you will be familiar with, but which, in the detail of the standards, may be used in a very particular way. **Therefore, we would encourage you to read this section carefully before you begin working with the standards and to refer back to this section as required.**  **Additional protective equipment**  Includes: types of personal protective equipment such as visors, protective eyewear and radiation protective equipment  **Contaminated**  Includes: items ‘contaminated’ with body fluids, chemicals or radionuclides. Any pack/item opened and not used should be treated as contaminated  **Individual**  The person from whom the capillary blood sample is being obtained  **Personal protective clothing**  Includes items such as plastic aprons, gloves - both clean and sterile, footwear, dresses, trousers and shirts and all in one trouser suits. These may be single use disposable clothing or reusable clothing    **Standard precautions and health and safety measures**  A series of interventions which will minimise or prevent infection and cross infection including: hand washing/cleansing before during and after the activity; the use of personal protective clothing and additional protective equipment when appropriate |

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