



Llywodraeth Cymru
Welsh Government

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Well-being statement for people who need care and support and carers who need support

What is this well-being statement?

Everyone is entitled to well-being and everyone has a responsibility for their own well-being, but some people need extra help to achieve this. The statement describes aspects of well-being that relate to all areas of an individual's life. Many agencies will come together from throughout the sectors to support people in securing well-being. This is about giving people a stronger voice and greater control over their lives, and ensuring people get the care and support they need to lead fulfilled lives.

What does the statement contain?

The statement describes the national well-being outcomes that are to be achieved in terms of the well-being of people who need care and support and carers who need support.

When people who need care and support and carers who need support work in partnership with social services and their partners, they can expect to achieve personal well-being outcomes that reflect the national well-being outcomes.

How will the statement be used?

The statement will be used to set out the Welsh Government's commitment to achieving well-being for people who need care and support and carers who need support. It will be used to build a common understanding of well-being across all agencies, to ensure everyone is working together towards the same important outcomes for individuals.

What happens next?

The well-being statement is a part of the social services national outcomes framework. The statement will be issued by Welsh Ministers and laid before the National Assembly for Wales on commencement of the Act in April 2016.

For more information contact

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For further information see

The National Outcomes Framework for people who need care and support and carers who need support (working document): www.wales.gov.uk/topics/health/socialcare/well-being/?lang=en

My Local Health and Social Care Website: <http://mylocalhealthandsocialcare.gov.wales/#/en>



What well-being means	National well-being outcomes	What we will measure
Securing rights and entitlements Also for adults: Control over day-to-day life	I know and understand what care, support and opportunities are available and use these to help me achieve my well-being I can access the right information, when I need it, in the way I want it and use this to manage and improve my well-being I am treated with dignity and respect and treat others the same My voice is heard and listened to My individual circumstances are considered I speak for myself and contribute to the decisions that affect my life, or have someone who can do it for me	Whether people report that the right information is available at the right time Whether people are in control of their daily life and are listened to Whether people are involved in making decisions that affect themselves or the life of the person that they care for Satisfaction with care and support received Use of advocacy
Physical and mental health and emotional well-being Also for children: Physical, intellectual, emotional, social and behavioural development	I am healthy and active and do things to keep myself healthy I am happy and do the things that make me happy I get the right care and support, as early as possible	Whether people say they feel healthy physically and mentally Life satisfaction Whether people are living a healthy life style (life expectancy, uptake of childhood vaccinations, children with up-to-date dental checks) Children's development
Protection from abuse and neglect	I am safe and protected from abuse and neglect I am supported to protect the people that matter to me from abuse and neglect I am informed about how to make my concerns known	How much abuse and neglect takes place Whether people say they feel safe
Education, training and recreation	I can learn and develop to my full potential I do the things that matter to me	Children and young people's key educational attainment, numeracy and literacy levels Young people accessing post 16 opportunities Whether carers say they are supported to care Adults accessing learning opportunities
Domestic, family and personal relationships	I belong I contribute to and enjoy safe and healthy relationships	Satisfaction with personal relationships Satisfaction with family life Satisfaction with home life
Contribution made to society	I engage and make a contribution to my community I feel valued in society	Participation in society
Social and economic well-being Also for adults: Participation in work	I contribute towards my social life and can be with the people that I choose I do not live in poverty I am supported to work I get the help I need to grow up and be independent I get care and support through the Welsh language if I want it	People working and supported to work People not in education, employment or training Poverty Whether people who need it get care through the Welsh language Whether young people feel they have been supported into adult life
Suitability of living accommodation	I live in a home that best supports me to achieve my well-being	Whether housing meets people's needs