**SOCIAL SERVICES AND WELL-BEING (WALES) ACT**

**EXERCISE**

**Adults’ views and wishes in safeguarding**

This aide memoire for talking to adults about safeguarding was developed by the Royal Borough of Kingston upon Thames. It is used by practitioners to suggest questions that might be useful in talking to adults about safeguarding at the start of the process. How do you ensure that adults’ views and wishes are central to what you do to safeguard them?

## Quality of life

1. How do you feel about discussing harm/abuse?
2. Are there people you can talk to about harm/abuse/safeguarding?
3. What sort of help do you need at the moment?
4. What is the best way to describe how you want to be treated?
5. What is important to you at the moment?
6. Are you able to have the sort of life you want?
7. Do you feel prevented from doing some things?
8. Do you know how to keep yourself safe and not be exploited?
9. If someone has reported a concern about you, how easy or difficult is it for you to discuss what is happening?
10. What are the things that are making it difficult for you?
11. What are the things that are/could make it easier for you?
12. Do you feel confident that you can get help to keep safe without compromising the other things you want in life?

## Process

1. What do you know about safeguarding?
2. How did you find out about safeguarding?
3. Is there any information you need?
4. What will help you feel in control of what is happening?
5. How would you feel about the police/courts being involved?
6. How do you feel about having an investigation into the harm/abuse that has been reported/ you have reported?
7. Is there anything worrying you about the investigation?
8. What are some of the things that might be helpful to you about the investigation?
9. Do you feel able to say what you want to happen as a result of reporting the abuse, or others becoming aware of the abuse?
10. What can we do to make sure you are happy about the action being taken?

## Change

1. What do you want to be the end result of the safeguarding activity that’s taking place? What do you think might be the best thing to come out of it?
2. What do you think might be the worst thing to come out of it?
3. What can we do to make you feel safe from harm or abuse in the future?
4. What will help you to feel in control of things?