**SOCIAL SERVICES AND WELL-BEING (WALES) ACT**

**CASE STUDY**

**Luc**

**Part One**

Luc is three years old. He has a learning disability and is currently attending a special educational needs (SEN) nursery. About a year ago Luc started to bang his head against walls and doors. Luc’s parents asked the staff at the SEN nursery whether Luc displayed the same behaviour at nursery. The staff said that he did sometimes bang his head when he was not allowed his own way. The staff told Luc’s parents that it was simply the ‘terrible twos’ and that Luc would grow out of it. A year on, Luc’s parents feel that Luc is increasingly banging his head. They have ended up in A&E on a couple of occasions. No one seems to be able to tell them why Luc is banging his head or what they can do to prevent it.

1. Imagine you are Luc’s parents. How do you think you would feel in this situation?
2. In this situation, what might you need to know?
3. What are the potential barriers to you getting the information and advice you need?
4. What might be good opportunities to give information and advice?

**Part Two**

Luc is now 9 years old. He did not grow out of his behaviours and instead has developed a whole repertoire of behaviours described as challenging – including disruptive and destructive behaviours, aggressive and other self-injurious and stereotyped behaviours. Luc is a very poor sleeper and so most nights from the age of 5 to the age of 8 Luc’s parents took it in turns to stay up with him. When Luc was 8 he moved into a local residential school. Unfortunately, the residential school is also struggling to cope with Luc’s behaviour. It has been suggested that Luc needs to move schools and the only one that the local authority thinks will meet Luc’s needs is 275 miles away. This is not what Luc’s parents want.

1. Why do you think many children like Luc end up moving out of the family home?
2. What are the challenges that parents face?
3. Can you think of any types of information, advice or assistance that might help to keep a disabled child who displays challenging behaviour in the family home?

**Part Three**

Luc is now 17 years old. Luc’s parents were successful in keeping him at home and a school close to home and Luc now lives in his own flat in the same town as his parents. Luc is supported in his flat by an organisation who support a variety of young people with similar challenges. Luc has a small team of people who work with him and the other young people who live in the same block of flats. All Luc’s workers are trained in positive behaviour support techniques. Luc is supported by his team to attend the local mainstream college where he is doing a course in photography

What approaches and attitudes does it take from those involved, to help young people like Luc to live as independently as possible?